



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

Curriculum Documents

School: Ocean Township High School

Course: Health – Grade 9

Department: Health and Physical Education

Supervisor: Mike Lambusta

Board Approval	Supervisor	Notes
August 2007	Mike Lambusta	Update Standards
October 2012	Mike Lambusta	Update Standards
December 2017	Mike Lambusta	Update Standards

Home of the Spartans!
#spartanlegacy



Week	Marking Period 1	Week	Marking Period 3
1	Addiction	1	Physical Education
2	Sexually Transmitted Infection Prevention	2	
3	Contraception	3	
4	Pregnancy and Childbirth	4	
5	Pregnancy and Childbirth	5	
Week	Marking Period 2	Week	Marking Period 4
1	Physical Education	1	Physical Education
2		2	
3		3	
4		4	
5		5	

Time Frame	1 week
Topic	
Addiction	
Essential Questions	
<ul style="list-style-type: none"> • What is addiction and its effects on society? • Why do people choose to use alcohol, tobacco and other drugs when they are aware of the detrimental effects? • How do I make the “right” decisions in the face of peer, media and other pressures? 	
Enduring Understandings	
<ul style="list-style-type: none"> • There are common indicators, stages and influencing factors of chemical dependency. 	
Alignment to NJSLS	
2.1: D.3	
2.3: C.1, C.2, C.3	
Key Concepts and Skills	
-recognize the 3 stages of dependency & symptoms of withdrawal -understand short & long term effects of drugs -organize drugs into classifications -comprehend drugs impact on health -drugs impact on self and society -devise plan for prevention	
Learning Activities	
Notes and Lecture corresponding with powerpoint presentations Discussion Videos Worksheets Group work/projects Handouts	

Kahoot Reviews Quick Writes (Do Now)						
Assessments						
<ul style="list-style-type: none"> ● Participation ● Worksheets ● Written unit test ● Journals ● Portfolios 						
21st Century Skills						
X	Creativity	X	Critical Thinking	X	Communication	X Collaboration
X	Skills	X	Information Literacy	X	Media Literacy	
Interdisciplinary Connections						
<ul style="list-style-type: none"> ● History ● Technology ● Science/Anatomy ● English/Language Arts ● Statistics 						
Technology Integration						
Computer Elmo Ipad/ipod/iphone (smart phone) Google Classroom Chromebooks						

Time Frame	1 week
Topic	
Sexually Transmitted Infections	
Essential Questions	
<ul style="list-style-type: none"> ● What are the benefits of abstinence? ● What are the risks associated with unprotected sexual behavior? 	
Enduring Understandings	
<ul style="list-style-type: none"> ● Current and future personal wellness is dependent upon applying health-related concepts and skills in everyday lifestyle behaviors. ● Current and emerging diagnostic, prevention and treatment strategies can help people live healthier and longer than ever 	
Alignment to NJSL	
2.4: B.1, B.2, B.3, B.5	
Key Concepts and Skills	
-compare viral & bacterial STI's -understand signs & symptoms -realize short & long term consequences -analyze behaviors that lead to STI -discuss risk reduction	

Learning Activities

Notes and Lecture with corresponding powerpoint
 Discussion
 Videos
 Worksheets
 Group work
 Handouts
 Quick Writes (Do Now)

Assessments

- Participation
- Worksheets
- Written unit test
- Journals
- Portfolios

21st Century Skills

X	Creativity	X	Critical Thinking	X	Communication	X	Collaboration
X	Skills	X	Information Literacy	X	Media Literacy		

Interdisciplinary Connections

- History
- Technology
- Science/Anatomy

Technology Integration

Computer
 Elmo
 Ipad/ipod/iphone (smart phone)
 Google Classroom
 Chromebook

Time Frame | 1 week

Topic

Pregnancy & Childbirth

Essential Questions

- What are the signs of pregnancy?
- What are the stages of pregnancy?
- What is the birthing process?

Enduring Understandings

- Pregnancy, childbirth and parenthood are significant events that cause numerous changes in one's life and the lives of others.

Alignment to NJSLs

2.2: E

2.4: C.1, C.2, C.3, C.7

Key Concepts and Skills

-describe fetal development from conception to birth
 -list the 3 stages of labor

- understand role of genes & heredity
- compare twin development
- realize impact of teen pregnancy

Learning Activities

- Notes and Lecture
- Discussion
- Video
- Worksheets
- Group work
- Handouts
- Quick Writes (Do Now)

Assessments

- Participation
- Worksheets
- Written unit test
- Journals
- Portfolios

21st Century Skills

X	Creativity	X	Critical Thinking	X	Communication	X	Collaboration
X	Skills	X	Information Literacy	X	Media Literacy		

Interdisciplinary Connections

- History
- Technology
- Science/Anatomy

Technology Integration

- Computer
- Elmo
- Ipad/ipod/iphone (smart phone)
- Google Classroom
- Chromebook

Time Frame	1 week
Topic	
Contraception	
Essential Questions	
<ul style="list-style-type: none"> • What are the factors that influence the choice, use, and effectiveness of contraception? • What are the possible long term effects of adolescent sex on one's future? 	
Enduring Understandings	
Students will gain an understanding of abstinence, methods of contraception, and the impact of teen pregnancy.	

Alignment to NJSLS

2.4.12.B.1

2.4.12.B.3

Key Concepts and Skills

-effectiveness of different methods of contraception

Learning Activities

Notes and Lecture
 Discussion
 Video
 Worksheets
 Group work
 Handouts
 Quick Writes (Do Now)

Assessments

- Participation
- Worksheets
- Written unit test
- Journals
- Portfolios

21st Century Skills

X	Creativity	X	Critical Thinking	X	Communication	X	Collaboration
X	Skills	X	Information Literacy	X	Media Literacy		

Interdisciplinary Connections

- History
- Technology
- Science

Technology Integration

Computer
 Ipad/ipod/iphone (smart phone)
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 Chromebook