



TOIS 2018 January

Our menus are aligned with the USDA's
Healthy Hunger Free Kids Act.

Weekly Breakfast Menu

Monday – WG Cereal and Graham Crackers
Tuesday – Mini Pancakes or Hot Breakfast Sandwich
Wednesday – Whole Grain Mini Cinni Pastry
Thursday – Breakfast Pizza
Friday – WG Muffin and Graham Crackers

All Breakfasts come with Fruit and 1% or Skim Milk

	1/2 Chicken Tenders Smile Fries	1/3 Macaroni & Cheese Steamed Broccoli	1/4 Chicken & Waffles Three Bean Salad	1/5 Big Daddy Pizza Side Salad
1/8 Pancakes & Sausage Slim Stix Sweet Potatoes	1/9 Corn Dogs Potato Wedge	1/10 Pasta & Meat sauce Garlic Roll Side Salad	1/11 Nacho Supreme Tasty Black Beans	1/12 Pepperoni Pizza Side Salad
1/15 School Closed Martin Luther King Jr.'s Birthday	1/16 Chicken in a Basket Tator Tots	1/17 Pretzel Melt Broccoli Bites	1/18 Pop Corn Chicken Stir-fry & Brown Rice Chinese Vegetables	1/19 Hand Tossed Pizza Side Salad
1/22 French Toast & Bacon Cinnamon Sweet Tots	1/23 Chicken Nuggets Waffle Fries	1/24 Pasta & Meatballs with Breadstick Spinach & Garlic	1/25 Walking Nachos Mexican Style Pinto Beans	1/26 Big Daddy Pepperoni Pizza Side Salad
1/29 BBQ Chicken over Rice Corn Kernals	1/30 PopCorn Chicken French Fries	1/31 Baked Ziti with roll Roasted Vegetables	Questions or concerns: Please contact Jacqueline.wagner@ Sodexo.com	



A MINIMUM OF 4 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety

Locally Grown items are offered whenever seasonally available

Low Fat or Fat Free Milk included with all meals

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See Daily Entrée Selections above.
All entrees served with a Milk,
Vegetable and Fruit or Juice



EVERYDAY CHOICES
Flame Broiled Beef Burgers,
Chicken Patties, Hotdogs,
Cheese Steaks & BBQ Riblettes



WEEKLY CHOICES

Week #1 Italian Sub or Grilled Chicken Salad

Week #2 Turkey & Cheese Sandwich or Garden Salad with Cheese or Crazy Cheese Bento Box

Week #3 Turkey Club Salad or Ham & Cheese Sandwich or Healthy Hummus Bento Box

Week #4 Tuna Salad Sandwich or Crispy Chicken Caesar Salad or Deli Bento Box

Week #5 Chicken Caesar Wrap or Chef Salad or Egg & Muffin Bento Box

Available Daily: Turkey & Cheese & Peanut Butter & Jelly

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Vegetarian

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Smart Pick

We use menu identifiers in the café to help student recognize
Vegetarian & Smart Pick options. Smart Pick selections meet
specific criteria for fat, sodium, & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 30350-9413 or cal (800) 795-3373 (voice) or (303) 730-6383 (TTY). USDA is an equal opportunity provider and employer.